Vegan Classic Onion
Potato & Onion Filled Pasta
Product Code 41164-00865

Full Size Product Cooking Directions

Sauté
Sauté frozen pasta in a skillet with butter or oil over medium heat. Turn occasionally until golden brown, approximately 8 minutes on each side.

Boil
Bring water to boil. Add frozen pasta and heat for 5-7 minutes (DO NOT wait for water to re-boil); drain.

Bake
Conventional Oven: Preheat oven to 400°F. Spray cooking sheet and both sides of pasta with non-stick cook spray. Bake 18-20 minutes until golden brown and puffed.

Convection Oven: Preheat oven to 350°F. Spray cooking sheet and both sides of pasta with non-stick cook spray. Bake 16-18 minutes until golden brown and puffed.

For best results turn pasta half way through bake time.

Deep Fry
Preheat oil to 350°F. Place frozen pasta in oil for 4 minutes until nicely browned and float.

Steamed
Place a bag of frozen pasta in a slotted or solid pan, steam for 10-12 minutes.
When steaming a full unit allow an additional 10-12 minutes per pan.

Cooking times may vary according to equipment used.

INGREDIENTS: WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), POTATO FLAKES (POTATOES, MONO AND DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE, CITRIC ACID), ONIONS, SOYBEAN OIL, SALT, SPICE.
CONTAINS: WHEAT, SOY
PRODUCED IN A PLANT THAT USES DAIRY INGREDIENTS

Nutrition Facts

Serving Size 4 Pieces (152g)
Servings Per Container 12

Amount Per Serving	
Calories 220	Calories from Fat 25
	% Daily Value*
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 520mg	22%
Total Carbohydrate 42g	14%
Dietary Fiber 3g	12%
Sugars 1g	
Protein 7g	

Vitamin A 0%	• Vitamin C 10%
Calcium 2%	• Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

School Menu Contribution

Serving Size	**3/1.34 oz.**
Grains	1 oz.
Vegetable	1/4 cup

Serving Information

Serving Size	4/1.34 oz.
Serving per bag	12
Serving per case	72

Packing Information

Case Pack/lb.	6/4 lbs.
Pkg. Count	48
Case Count	288

Case Information:

Case Dimension	14.32x13.07x12.89
Case Cube	1.40
Case Wt. (Gross)	27.66 lbs.

Net Wt. 4 lb (1.82 kg)

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