



# CN LABELED HIGH PROTEIN Potato & American Cheese Filled Pasta

Product Code 41164-00376 CN # 085937

## Full Size Product Cooking Directions

### Sauté

Sauté frozen pasta in a skillet with butter or oil over medium heat. Turn occasionally until golden brown, approximately 8 minutes on each side.

### Boil

Bring water to boil. Add frozen pasta and heat for 5-7 minutes (DO NOT wait for water to re-boil); drain.

### Bake

Conventional Oven: Preheat oven to 400°F. Spray cooking sheet and both sides of pasta with non-stick cook spray. Bake 18-20 minutes until golden brown and puffed.

Convection Oven: Preheat oven to 350°F. Spray cooking sheet and both sides of pasta with non-stick cook spray. Bake 16-18 minutes until golden brown and puffed. For best results turn pasta halfway through bake time.

### Deep Fry

Preheat oil to 350°F. Place frozen pasta in oil for 4 minutes until nicely browned and float.

### Steamed

Place a bag of frozen pasta in a slotted or solid pan, steam for 10-12 minutes.

When steaming a full unit allow an additional 10-12 minutes per pan.

Cooking times may vary according to equipment used.

**INGREDIENTS: Water, Whole Wheat Flour and Enriched Durum Flour** (whole wheat flour, durum flour, niacin, ferrous sulfate (reduced iron), thiamine mononitrate, riboflavin, folic acid), **Process American Cheese** (cheese [pasteurized milk, cultured milk, skim milk, cheese cultures, salt, enzymes, calcium chloride], water, cream, sodium citrate or sodium phosphate [emulsifier], milk fat, salt, sorbic acid, acetic acid or lactic acid [preservative], artificial color or annatto [color]), **Soy Protein Isolate, Dehydrated Potatoes** (potatoes, mono & diglycerides, sodium acid pyrophosphate, citric acid), **Dry Whole Eggs, Food Starch-Modified, Natural Flavor, Spice.**

**CONTAINS: WHEAT, MILK, SOY, EGG.**

## Nutrition Facts

Serving Size 3 Pieces (133g)  
Servings Per Container 96

Amount Per Serving

**Calories 260**      **Calories from Fat 90**

% Daily Value\*

**Total Fat 10g**      **15%**

Saturated Fat 5g      **27%**

Trans Fat 0g

**Cholesterol 70mg**      **24%**

**Sodium 440mg**      **18%**

**Total Carbohydrate 29g**      **10%**

Dietary Fiber 3g      **13%**

Sugars 0g

**Protein 15g**      **29%**

Vitamin A 0%      •      Vitamin C 4%

Calcium 20%      •      Iron 15%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Protein	50g	65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

### Contribution To School Menu

Grains 1.00 oz.  
Meat Alternate 2.00 oz.

### Serving Information

Serving Size 3/1.57 oz.  
Serving per bag 24  
Serving per case 96

### Packing Information

Case Pack/lb. 4/7.06 lb.  
Pkg. Count 72  
Case Count 288

### Case Information

Case Size Od/in L-14.313"xW-12.813"xD-12.125"  
Case Gross Wt/lb 28.25  
ID Case/Cuft 1.165

### Carmen LaMacchia

Director of Technical Service

570-462-2745 ext. 353

clamaechia@pierogies.com



www.mrststfoodservice.com

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Contact a Foodservice Specialist 1-800-233-3170

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